

Category B5 – Maximum Duty Period - 14 hours

Regular routes: YVR-ICN-YVR YVR-PEK-YVR YVR-NRT-YVR YYC-NRT-YYC YUL-TLV-YUL	Duty period under 11h29 hours	Up to one hour onboard crew rest	Minimum scheduled rest L/O 12 hours	Minimum scheduled rest home base 24 hours blockholder 24 hours reserve
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Category B14 – Maximum Duty Period – 15 hours

Regular routes: YVR -PVG-YVR YVR-TPE-YVR YYZ-TLV-YYZ	Duty period over 11h30 hours	Two hours onboard crew rest	Minimum scheduled rest L/O 12 hours	Minimum scheduled rest home base 24 hours blockholder 24 hours reserve
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Category LOU 18 – Maximum Duty Period - 16h15

Regular routes: YVR-HGK-YVR YYZ-PEK-YYZ YYZ-ICN-YYZ YYZ-HND/NRT-YYZ YYZ-DXB-YYZ	*Duty period under 15 hours **Duty period over 15 hours	*Minimum of 2.5 hours on board crew rest **4 hours on board crew rest	Minimum scheduled rest L/O 24 hours	Minimum scheduled rest home base 36 hours blockholder 72 hours reserve
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Category LOU 22A – Duty Scheduled Period 16h16 to 18 hours

Regular routes: YVR-SYD-YVR YVR-BNE-YVR YVR-DEL-YVR YUL-PVG-YUL YYZ-PVG-YYZ YYZ-HKG-YYZ YYZ-DEL-YYZ YYZ-BOM-YYZ	*Duty period 16h16 to 17h10 **Duty period 17h11 to 1800 hours	*4 hours onboard crew rest **4.5 hours on board crew rest	Minimum scheduled rest L/O 24 hours	Minimum scheduled rest home base 36 hours blockholder 72 hours reserve
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