



























Crew Rest Quick Reference Sheet - Summer 2022

Destination	Aircraft Type	Designation	Max duty day @crew base	Max duty day not @crew base	Break on Board outbound	Break on Board inbound	Minimum scheduled crew rest @ layover	Minimum crew rest @layover	Minimum crew rest @ home
 ALG	B777-787/A330	B5	14:00	16:00	1:00**	1:00**	10:00	10:00	24:00
 ATH	B777-787/A330	B5	14:00	16:00	1:00**	1:00**	10:00	10:00	24:00
 BCN	B777-787/A330	B5	14:00	16:00	< 1:00	1:00**	10:00	10:00	24:00
 BOG	B777-787/A330	B5	14:00	16:00	N/A	N/A	10:00	10:00	24:00
 BRU	B777-787/A330	B5	14:00	16:00	N/A	< 1:00	10:00	10:00	24:00
 CAI	B777-787/A330	B5	14:00	16:00	1:00**	1:00**	10:00	10:00	24:00
 CDG	B777-787/A330	B5	14:00	16:00	N/A	< 1:00	10:00	10:00	24:00
 CMN	B777-787/A330	B5	14:00	16:00	< 1:00	< 1:00	10:00	10:00	24:00
 DEL	B777-787/A330	LOU22A***	18:00	18:00	4:00/4:30**	4:00/4:30**	24:00	18:00	36:00/72:00
 DEL	B777-787/A330	LOU22B***	19:30	19:30	5:00/5:30**	5:00/5:30**	24:00	18:00	36:00/72:00
 DUB	B777-787/A330	B5	14:00	16:00	N/A	N/A	10:00	10:00	24:00
 FCO	B777-787/A330	B5	14:00	16:00	1:00**	1:00**	10:00	10:00	24:00
 FRA	B777-787/A330	B5	14:00	16:00	< 1:00	< 1:00	10:00	10:00	24:00
 GRU	B777-787/A330	B5	14:00	16:00	1:00**	1:00**	10:00	10:00	24:00
 GVA	B777-787/A330	B5	14:00	16:00	< 1:00	1:00**	10:00	10:00	24:00
 KEF	B737	B5	14:00	16:00	N/A	N/A	10:00	10:00	24:00
 LHR	B777-787/A330	B5	14:00	16:00	N/A	< 1:00	10:00	10:00	24:00
 LIS	B777-787/A330	B5	14:00	16:00	N/A	< 1:00	10:00	10:00	24:00
 LYS	B777-787/A330	B5	14:00	16:00	< 1:00	1:00**	10:00	10:00	24:00
 MXP	B777-787/A330	B5	14:00	16:00	< 1:00	1:00**	10:00	10:00	24:00
 NCE	B777-787/A330	B5	14:00	16:00	< 1:00	1:00**	10:00	10:00	24:00
 NRT*	B787-800/900	LOU18***	16:15	16:15	2:30/4:00**	2:30/4:00**	24:00	18:00	36:00/72:00
 PVG*	B787-800/900	LOU22A***	18:00	18:00	4:00/4:30**	4:00/4:30**	24:00	18:00	36:00/72:00
 TLV	B787-800/900	B5	14:00	16:00	1:00**	1:00**	10:00	10:00	24:00
 TLV*	A330	B14***	15:00	16:00	2:00**	2:00**	12:00	12:00	24:00
 VCE	B777-787/A330	B5	14:00	16:00	< 1:00	1:00**	10:00	10:00	24:00

****MEALS ARE TO BE TAKEN SEPERATELY!!****

- * Service shall be altered to accommodate the crew rest.
- ** Kits shall be boarded for these flights as they are more than 8:00 scheduled or actual.
- *** Depending on the duty day, this will dictate the length of crew rest.
- *** In the event of a crew rest unit failure, please refer to L18.04, L22.10 & L22.11.
- *** Designations will be published every month in aeronet.